



## 2010 TRS Rates

---

The Assistant Secretary of Defense for Health Affairs establishes TRICARE Reserve Select (TRS) premium rates annually on a calendar year basis. The TRS monthly premium rates for calendar year 2010 are listed in the table below, along with the current rates for 2009.

Type of Coverage	2009 Monthly Rate	2010 Monthly Rate	2010 Daily Rate	Increase
Member-only	\$ 47.51	\$ 49.62	\$ 1.65	4.4%
Member & family	\$ 180.17	\$ 197.65	\$ 6.59	9.7%

These new premiums go into effect January 2010. For more information on TRICARE Reserve Select, including costs, eligibility and enrollment information, visit the [TRICARE Reserve Select page](#) at [www.tricare.mil](http://www.tricare.mil).