

Register on www.triwest.com

Manage your health care online anytime,
from anywhere in the world.

- QuickAlert account notifications
- View authorizations and referrals
- Check claim status
- View/pay enrollment fees
- Find a doctor or pharmacy
- Track deductibles and co-pays
- Update other health insurance
- E-mail questions
- Learn about TRICARE benefits



On Point. On Call. On Line.

Providing access to quality health care for 2.7 million members
of America's military family in the 21-state TRICARE West Region.
1-888-TRIWEST (874-9378) ★ www.triwest.com

How to Register at www.triwest.com

(Sponsor's Social Security number needed)

1. Select 'Create an Account' from the Beneficiary Services section of www.triwest.com
2. Select 'Register Now' and follow the prompts*
3. Create a username to log on

*A confirmation e-mail will be sent to the registration e-mail address with a link to complete the process.



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Online Updates and Enrollment

Keep DEERS* Current

When life changes, update DEERS.

Qualifying life events include:

- Marriage
- Birth, adoption or upon obtaining legal custody of a child (within 60 days)
- Divorce or annulment
- Change in eligibility status
- Move or PCS
- E-mail address update

*Defense Enrollment Eligibility Reporting System

Online Beneficiary Web Enrollment (BWE)** allows you to:

- Enroll/disenroll family members
- Transfer enrollment to a new location
- Update contact information
- Convert to a retiree enrollment (when eligible)
- Add other health insurance
- Request a new enrollment card

**Applies to TRICARE Prime or Prime Remote programs and eligible beneficiaries only.

To access BWE, you must have one of the following:

- Common Access Card (CAC)
- Defense Finance and Accounting Services (DFAS) myPay PIN
- Department of Defense Self Service Login (formerly Family Account)

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Three ways to update DEERS:

1. Log on to www.triwest.com/beneficiary
2. Visit an ID-card issuing facility
3. Call 1-800-538-9552

Other Resources:

DEERS Web Site

<https://www.dmdc.osd.mil/appj/address/indexAction.do>

BWE Web Site

<https://www.dmdc.osd.mil/appj/bwe/indexAction.do>

Report technical issues to 1-800-477-8227.