

TRICARE Programs Overview

TRICARE Program	Description	Handbook Reference
TRICARE Prime	<ul style="list-style-type: none"> Managed care option defined by TRICARE Prime service areas Fewer out-of-pocket costs than other TRICARE options Enrollment necessary Beneficiaries have TRICARE ID card & Military ID card No copays for active duty Service members and active duty family members unless using pharmacy or Point of Service benefit Copays for retirees & their families 	Section 4, pgs. 27-29 Section 6, pgs. 59-60
TRICARE Prime Remote (TPR), TRICARE Prime Remote for Active Duty Family Members (TPRADFM)	<ul style="list-style-type: none"> Eligibility determined by military branch Enrollment necessary Beneficiaries have TRICARE ID card & Military ID card No copays unless using pharmacy or Point of Service benefit TPR ZIP Code Look-Up Tool http://www.tricare.mil/tp/default_zip.cfm 	Section 4, pgs. 29-30; Section 6, pgs. 59-60
TRICARE Standard	<ul style="list-style-type: none"> Fee-for-service option No enrollment required Military ID cards used for eligibility determination Deductible, cost-shares, catastrophic cap based on fiscal year Beneficiaries may seek care from any TRICARE-certified/authorized provider 	Section 4, pg. 30; Section 6, pg. 61
TRICARE Extra	<ul style="list-style-type: none"> Preferred provider option No enrollment required TRICARE Standard beneficiaries can choose a doctor, hospital, or other medical provider within the TriWest provider network Deductible, reduced cost-share 	Section 4, pg. 30; Section 6, pg. 61
TRICARE Reserve Select (TRS)	<ul style="list-style-type: none"> TRICARE health plan similar to TRICARE Standard Health care coverage for National Guard/Reserve members who meet specific eligibility requirements 	Section 4, pg. 36; Section 6, pg. 61
Extended Care Health Option (ECHO)	<ul style="list-style-type: none"> Provides additional healthcare coverage benefits to active duty family members with special needs Beneficiaries must qualify; based on specific mental or physical disabilities Offers integrated set of services & supplies beyond the basic TRICARE programs 	Section 4, pgs. 37-40
Transitional Assistance Management Program (TAMP)	<ul style="list-style-type: none"> Allows certain uniformed services members separated from active duty service & their family members transitional health care benefits Eligibility determined by Department of Defense (DoD) TRICARE coverage is available for 180 days Sponsors separating from active duty & family members enrolled in TRICARE Prime have to re-enroll to continue their enrollment upon the sponsor's separation from active duty 	Section 4, pg. 43



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Pharmacy Program	<ul style="list-style-type: none"> • Includes Medicare-eligible beneficiaries age 65 and over who can have a written prescription filled using any of these pharmacy options: <ul style="list-style-type: none"> • MTF pharmacies • TRICARE Mail Order Pharmacy (TMOP) • TRICARE Retail Pharmacy Network (TRRx) • Non-network pharmacies <i>Note: Filling prescriptions in non-network pharmacies is the most expensive option</i> • Administered by Express Scripts Inc. (ESI) 	Section 4, pgs. 31-34
Continued Health Care Benefit Program (CHCBP)	<ul style="list-style-type: none"> • Provides transitional benefits for a specified period of time (18–36 months) to former service members and their families, some unremarried former spouses, and emancipated children (living on their own) • Administered by Humana Military Healthcare Services, Inc. 	Section 4, pg. 42
Dental Program	<ul style="list-style-type: none"> • Voluntary dental insurance program • Available to eligible active duty family members (ADFMs), Selected Reserve & Individual Ready Reserve (IRR) members, & their eligible family members • Premium required for coverage 	Section 4, pgs. 34-35; Section 5, pgs. 45-46
Retiree Dental Program	<ul style="list-style-type: none"> • Voluntary dental insurance program • Dental coverage for uniformed services retirees & their eligible family members, certain surviving family members of deceased active duty sponsors, and Medal of Honor recipients & their immediate family members & survivors • Premium required for coverage 	Section 4, pg. 35
Military OneSource (Not a TRICARE program)	<ul style="list-style-type: none"> • Provides information ranging from every day concerns to deployment/reintegration issues for active duty, Reserve, & National Guard military members & their families, & deployed DoD civilians & their families • 24-7, toll free information & referral telephone service available worldwide; from the U.S.: 1-800-342-9647 • Online services available at www.militaryonesource.com. • No cost for any Military OneSource services 	Not in West Region Handbook
Supplemental Health Care Program (SHCP) (Not a TRICARE program)	<ul style="list-style-type: none"> • Different payment source for active duty Service members (except those enrolled in TPR) & non-active duty individuals under certain conditions when referred to civilian providers for service related to injuries or treatments • Enrollment not required • Administered by MTF Command; submit claims to WPS 	Section 4, pgs. 40-41

