

<b>Veterans Affairs Community Care Program</b>	
Veterans Affairs Community Care Program	<a href="https://www.triwest.com/en/veteran-services/">https://www.triwest.com/en/veteran-services/</a>
TriWest Healthcare Alliance/Provider Contracting and Credentialing Page	<a href="https://joinournetwork.triwest.com/Forms/AddProvider.aspx">https://joinournetwork.triwest.com/Forms/AddProvider.aspx</a>
<b>Military Lifestyle &amp; Culture</b>	
15 Things Veterans Want Healthcare Providers to Know	<a href="https://learn.psycharmor.org/courses/15-things-veterans-for-healthcare-providers">https://learn.psycharmor.org/courses/15-things-veterans-for-healthcare-providers</a>
15 Things Veterans Want You to Know PsychArmor Institute Course (15 min.)	<a href="https://psycharmor.org/courses/15-things-veterans-want-you-to-know/">https://psycharmor.org/courses/15-things-veterans-want-you-to-know/</a>
Have You Ever Served Pocket Card	<a href="http://www.haveyoueverserved.com/uploads/2/3/0/6/23069410/pocketcard-oneside.pdf">http://www.haveyoueverserved.com/uploads/2/3/0/6/23069410/pocketcard-oneside.pdf</a>
Connecting with the VA	<a href="https://learn.psycharmor.org/courses/connecting-with-the-va">https://learn.psycharmor.org/courses/connecting-with-the-va</a>
VA Community Provider Toolkit (free e-mail subscription)	<a href="https://www.mentalhealth.va.gov/communityproviders/emaillist.asp">https://www.mentalhealth.va.gov/communityproviders/emaillist.asp</a>
<b>Suicide Prevention</b>	
VA Rocky Mountain Mental Illness Research, Education & Clinical Center (MIRECC)	<a href="https://www.mirecc.va.gov/visn19/">https://www.mirecc.va.gov/visn19/</a>
Veterans Crisis Line/1-800-273-8255	<a href="https://suicidepreventionlifeline.org/help-yourself/veterans/">https://suicidepreventionlifeline.org/help-yourself/veterans/</a>
Local VA Suicide Prevention Coordinator Search	<a href="https://www.veteranscrisisline.net/get-help/local-resources">https://www.veteranscrisisline.net/get-help/local-resources</a>
Suicide Assessment	
Never Worry Alone: VA Suicide Risk Management Consultation Program (e-mail address & podcast)	<a href="https://www.mirecc.va.gov/visn19/education/media/podcasts/6_6_2018.asp">https://www.mirecc.va.gov/visn19/education/media/podcasts/6_6_2018.asp</a>
VA Toolkit for Therapeutic Risk Management of the Suicidal Patient	<a href="http://www.mirecc.va.gov/visn19/trm">www.mirecc.va.gov/visn19/trm</a>

VA/DoD Clinical Practice Guideline: Assessment & Management of Patients at Risk for Suicide (2019)	<a href="https://www.healthquality.va.gov/guidelines/mh/srb/index.asp">https://www.healthquality.va.gov/guidelines/mh/srb/index.asp</a>
Screening Instruments	
PHQ-9	<a href="https://integrationacademy.ahrq.gov/sites/default/files/2020-07/PHQ-9.pdf">https://integrationacademy.ahrq.gov/sites/default/files/2020-07/PHQ-9.pdf</a>
Columbia Suicide Severity Rating Scale	<a href="http://cssrs.columbia.edu/">http://cssrs.columbia.edu/</a>
PTSD Screening Instruments	<a href="https://www.ptsd.va.gov/professional/assessment/screens/index.asp">https://www.ptsd.va.gov/professional/assessment/screens/index.asp</a>
Military Sexual Trauma (MST)	<a href="https://www.ptsd.va.gov/professional/treat/type/sexual_trauma_military.asp">https://www.ptsd.va.gov/professional/treat/type/sexual_trauma_military.asp</a>
VA MST Fact Sheet	<a href="https://www.mentalhealth.va.gov/docs/mst_general_factsheet.pdf">https://www.mentalhealth.va.gov/docs/mst_general_factsheet.pdf</a>
VA Lethal Means Safety	<a href="https://www.mirecc.va.gov/visn19/lethalmeanssafety/">https://www.mirecc.va.gov/visn19/lethalmeanssafety/</a>
Evidence-Based Treatments	
Suicide Prevention Resource Center: David Jobes, PhD, on evidence-based psychological treatments and suicide-specific brief interventions	<a href="http://www.sprc.org/resources-programs/evidence-based-psychological-treatments-suicide-specific-brief-interventions">http://www.sprc.org/resources-programs/evidence-based-psychological-treatments-suicide-specific-brief-interventions</a>
Brief Cognitive Therapy (BCBT) for Suicide Prevention	Bryan, C. J., & Rudd, D.M. (2018). <i>Brief cognitive-behavioral therapy for suicide prevention</i> . New York, NY: Guilford Press.
Collaborative Assessment and Management of Suicidality (CAMS): David Jobes, PhD	<a href="https://cams-care.com/">https://cams-care.com/</a>
Suicide-Specific Brief Interventions	
Safety Planning: Barbara Stanley, PhD & Gregory K. Brown, PhD	Safety Planning Intervention: A brief intervention for reducing suicide risk: <a href="http://www.suicidesafetyplan.com/Home_Page.html">www.suicidesafetyplan.com/Home_Page.html</a>
Crisis Response Planning (CRP) for Suicide	<a href="https://crpforsuicide.com/about">https://crpforsuicide.com/about</a>

Prevention: Craig Bryan, PhD	
<b>Postvention</b>	
Tragedy Assistance Program for Survivors (TAPS)	<a href="http://www.taps.org/join">www.taps.org/join</a> 1-800-959-TAPS (8277)
<b>Post-Traumatic Stress Disorder (PTSD)</b>	
VA/DoD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder	<a href="https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGPocketCardFinal.pdf">https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGPocketCardFinal.pdf</a>
<b>Traumatic Brain Injury (TBI)</b>	
VA TBI Toolkit	<a href="https://www.mirecc.va.gov/visn19/tbi_toolkit/">https://www.mirecc.va.gov/visn19/tbi_toolkit/</a>
Defense and Veterans Brain Injury Center (DVBIC)/Resource/Product download page	<a href="https://health.mil/Military-Health-Topics/Centers-of-Excellence/Traumatic-Brain-Injury-Center-of-Excellence">https://health.mil/Military-Health-Topics/Centers-of-Excellence/Traumatic-Brain-Injury-Center-of-Excellence</a>
Military Acute Concussion Evaluation (MACE2)	<a href="https://www.ncbi.nlm.nih.gov/books/NBK542592/">https://www.ncbi.nlm.nih.gov/books/NBK542592/</a>
VA/DoD Concussion/Mild Traumatic Brain Injury Clinical Practice Guideline	<a href="https://www.va.gov/covidtraining/docs/mTBICPGFullICPG50821816.pdf">https://www.va.gov/covidtraining/docs/mTBICPGFullICPG50821816.pdf</a>
<b>Military Sexual Trauma (MST)</b>	
Quick Facts About VA's Health Care Services for Military Sexual Trauma (MST)	<a href="https://www.mentalhealth.va.gov/docs/VAHCS_MST_October2014.pdf">https://www.mentalhealth.va.gov/docs/VAHCS_MST_October2014.pdf</a>
Military Sexual Trauma (MST)	<a href="https://www.ptsd.va.gov/professional/treat/type/sexual_trauma_military.asp">https://www.ptsd.va.gov/professional/treat/type/sexual_trauma_military.asp</a>
<b>Primary Care</b>	
Western Interstate Commission for Higher Education (WICHE) Suicide Prevention Toolkit for Primary Care Practices	<a href="https://www.wiche.edu/mentalHealth/suicide-prevention-toolkits">https://www.wiche.edu/mentalHealth/suicide-prevention-toolkits</a>
<b>Military Physical Health Issues</b>	
VA Military Health History Pocket Card	<a href="https://www.va.gov/oa/pocketcard/overview.asp">https://www.va.gov/oa/pocketcard/overview.asp</a>

Have You Ever Served Pocket Card	<a href="http://www.haveyoueverserved.com/uploads/2/3/0/6/23069410/pocketcard-oneside.pdf">http://www.haveyoueverserved.com/uploads/2/3/0/6/23069410/pocketcard-oneside.pdf</a>
Unique Health Risks for Each Era of Military Service	<a href="https://www.va.gov/oaa/pocketcard/unique.asp">https://www.va.gov/oaa/pocketcard/unique.asp</a>
U.S. Department of Veterans Affairs Environmental Exposure Pocket Card / A resource for clinical providers	<a href="https://www.publichealth.va.gov/docs/exposures/environmental-exposure-pocket-card.pdf">https://www.publichealth.va.gov/docs/exposures/environmental-exposure-pocket-card.pdf</a>
<b>Sleep</b>	
VA Center for Integrated Healthcare: Info sheet for BH providers in primary care	<a href="https://www.mentalhealth.va.gov/coe/cih-visn2/Documents/Provider%20Education%20Handouts/CBT%20for%20Insomnia%20Information%20Sheet%20for%20BHPs%20Version%203.pdf">https://www.mentalhealth.va.gov/coe/cih-visn2/Documents/Provider Education Handouts/CBT for Insomnia Information Sheet for BHPs Version 3.pdf</a>
CBT-I Coach (mobile app)	<a href="https://mobile.va.gov/app/cbt-i-coach">https://mobile.va.gov/app/cbt-i-coach</a>
<b>Veteran &amp; Family Member Resources</b>	
Make the Connection Veterans telling their stories of life & career challenges	<a href="http://www.MakeTheConnection.net">www.MakeTheConnection.net</a>
Coaching into Care: Helping family members and loved ones encourage the Veteran in their lives to seek support	1-888-823-7458
S.A.V.E. Training: Helps you act with care and compassion if you encounter a Veteran at risk for suicide	<a href="https://learn.psycharmor.org/courses/va-save">https://learn.psycharmor.org/courses/va-save</a>