

Veterans Affairs Community Care Program	
Veterans Affairs Community Care Program	https://www.triwest.com/en/veteran-services/
TriWest Healthcare Alliance/Provider Contracting and Credentialing Page	https://vapccc.triwest.com/PCCCWeb/index.html#/provider-contract-cred
Military Lifestyle & Culture	
PsychArmor Veteran Ready Certificate	https://psycharmor.org/certification_hcp/
15 Things Veterans Want You to Know PsychArmor Institute Course (15 min.)	https://psycharmor.org/courses/15-things-veterans-want-you-to-know/
Have You Ever Served Pocket Card	http://www.haveyoueverserved.com/uploads/2/3/0/6/23069410/pocketcard-oneside.pdf
Connecting with the VA	https://psycharmor.org/courses/connecting-with-the-va/
VA Community Provider Toolkit	https://www.mentalhealth.va.gov/communityproviders/partner.asp
VA Evidence-Based Treatments	
Evidence-Based Treatments	https://www.minneapolis.va.gov/services/MentalHealth/MHebt.asp
Suicide Prevention	
VA Suicide Prevention	https://www.mentalhealth.va.gov/suicide_prevention/resources.asp
Veterans Crisis Line 1-800-273-8255	https://www.mentalhealth.va.gov/suicide_prevention/veterans-crisis-line.asp
Local VA Suicide Prevention Coordinator Search	https://www.veteranscrisisline.net/get-help/local-resources
Suicide Assessment	
Never Worry Alone: VA Suicide Risk Management Consultation Program	https://www.mirecc.va.gov/visn19/consult/index.asp
VA Toolkit for Therapeutic Risk Management of the Suicidal Patient	www.mirecc.va.gov/visn19/trm
VA/DoD Clinical Practice Guideline: Assessment & Management of Patients at Risk for Suicide (2019)	https://www.healthquality.va.gov/guidelines/mh/srb/index.asp

Screening Instruments	
PHQ-9	https://www.integration.samhsa.gov/images/res/PHQ%20-%20Questions.pdf
Columbia Suicide Severity Rating Scale	http://cssrs.columbia.edu/
PTSD Screening Instruments	https://www.ptsd.va.gov/professional/assessment/screens/index.asp
Military Sexual Trauma – A Risk Factor for Suicide	https://www.mentalhealth.va.gov/suicide_prevention/docs/Literature-Review-Military-Sexual-Trauma-CLEARED-3-5-19.pdf
VA Lethal Means Safety Counseling	https://www.mirecc.va.gov/lethalmeanssafety/counseling/
Evidence-Based Treatments	
Suicide Prevention Resource Center: David Jobes, PhD, on evidence-based psychological treatments and suicide-specific brief interventions	http://www.sprc.org/resources-programs/evidence-based-psychological-treatments-suicide-specific-brief-interventions
Brief Cognitive Therapy (BCBT) for Suicide Prevention	Bryan, C. J., & Rudd, D.M. (2018). <i>Brief cognitive-behavioral therapy for suicide prevention</i> . New York, NY: Guilford Press.
Collaborative Assessment and Management of Suicidality (CAMS): David Jobes, PhD	https://cams-care.com/
Suicide-Specific Brief Interventions	
Safety Planning: Barbara Stanley, PhD & Gregory K. Brown, PhD	Safety Planning Intervention: A brief intervention for reducing suicide risk: www.suicidesafetyplan.com/Home_Page.html
Crisis Response Planning (CRP) for Suicide Prevention: Craig Bryan, PhD	https://crpforsuicide.com/research
Postvention	
Tragedy Assistance Program for Survivors (TAPS)	www.taps.org/join 1-800-959-TAPS (8277)
Post-Traumatic Stress Disorder (PTSD)	
VA/DoD Clinical Practice Guideline for the Management of Post-Traumatic Stress Disorder and Acute Stress Disorder	https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGPocketCardFinal.pdf

Traumatic Brain Injury (TBI)	
VA TBI Toolkit	https://www.mirecc.va.gov/visn19/tbi_toolkit/
Defense and Veterans Brain Injury Center (DVBIC)/Resource/Product download page	https://orders.gpo.gov/DVBIC.aspx
Military Acute Concussion Evaluation (MACE2)	https://pueblo.gpo.gov/DVBIC/pdf/DV-4901.pdf
DVBIC Concussion Management Tool	https://dvbic.dcoe.mil/material/concussion-management-tool
DVBIC Mild Traumatic Brain Injury Pocket Guide (CONUS)	https://pueblo.gpo.gov/DVBIC/pdf/DV-4700.pdf
Military Sexual Trauma (MST)	
Quick Facts About VA's Health Care Services for Military Sexual Trauma (MST)	https://www.mentalhealth.va.gov/docs/VAHCS_MST_October2014.pdf
Military Sexual Trauma – A Risk Factor for Suicide	https://www.mentalhealth.va.gov/suicide_prevention/docs/Literature-Review-Military-Sexual-Trauma-CLEARED-3-5-19.pdf
Military Sexual Trauma / Community Provider Toolkit	https://www.mentalhealth.va.gov/msthome/community-providers.asp
Primary Care	
Western Interstate Commission for Higher Education (WICHE) Suicide Prevention Toolkit for Primary Care Practices	https://www.wiche.edu/mentalHealth/suicide-prevention-toolkits
Military Physical Health Issues	
VA Military Health History Pocket Card	https://pueblo.gpo.gov/DVBIC/pdf/DV-4901.pdf
Have You Ever Served Pocket Card	http://www.haveyoueverserved.com/uploads/2/3/0/6/23069410/pocketcard-oneside.pdf
Unique Health Risks for Each Era of Military Service	https://www.va.gov/oaa/pocketcard/unique.asp
U.S. Department of Veterans Affairs Environmental Exposure Pocket Card/A resource for	https://www.publichealth.va.gov/docs/exposures/environmental-exposure-pocket-card.pdf

clinical providers	
Sleep	
VA Center for Integrated Healthcare: Info sheet for BH providers in primary care	https://www.mentalhealth.va.gov/coe/cih-visn2/Documents/Provider_Education_Handouts/CBT_for_Insomnia_Information_Sheet_for_BHPs_Version_3.pdf
CBT-I Coach (mobile app)	https://mobile.va.gov/app/cbt-i-coach
Veteran & Family Member Resources	
<i>Make the Connection</i> Veterans telling their stories of life & career challenges	www.MakeTheConnection.net
<i>Coaching into Care</i> Helping family members and loved ones encourage the Veteran in their lives to seek support	1-888-823-7458
<i>S.A.V.E. Training</i> Helps you act with care and compassion if you encounter a Veteran at risk for suicide	https://psycharmor.org/courses/s-a-v-e/